

**ORTHOPAEDIC**  
**Post-Operative Spine Brace Schedule**

This information is provided to you as a guide for your child's spine brace wear following surgery. If you have any questions or concerns, please feel free to contact:

**Bob Jensen, CPO**  
**Laurence Orthopedic**  
**510-384-9052**

**Marcie Humphrey, RN, MSN**  
**Children's Hospital & Research Center at Oakland**  
**Orthopaedic Department**  
**510-428-3885 ext 2968**

Brace Day 1

Brace will be delivered. Wear brace for 1 hour on, then 2 hours off

Brace Day 2

Alternate brace wear as 2 hours on, then 2 hours off

Brace Day 3

Alternate 3 hours on, then 1 hour off

Brace Day 4 and beyond

Brace worn at all times

Check skin every 2 hours for any signs of breakdown

\*Note: If comfortable in the brace, patient may be left in brace overnight without waking to check brace