

Your student, \_\_\_\_\_, had spine surgery for scoliosis on \_\_\_\_\_.

We would like to ask for your cooperation with special accommodations for the first 12 months after surgery. Please notify teachers that the student may need to rise and stand at the rear of the class due to discomfort in the seated position and in rigid seating.

The student will require an extra set of books for the next 6-12 months - one set for home, and one set for school, as there is a restriction on weight bearing. Please arrange for each book to be stored in the classroom, as the student is not allowed to carry books between classes. The student's backpack may contain papers needed for the day only, and lunch, if needed, and may not exceed 5 pounds.

The student is not allowed to participate in active P.E. for 6-12 months from the date of surgery. After the first post-operative year, the student may participate in P.E., but will not be able to bend the spine in the area of fusion. This limits the child in his/her ability to bend forward, and backward, and twist the waist or hips. This may limit the child's apparent abilities in learning or becoming competent in some sports or activities. The student is not allowed to participate in gymnastics, contact sports such as tackle football or rugby, or sports with a high risk of impact or falls such as horseback riding over jumps or trampoline for 12 months following spinal fusion. After 12 months, the student may participate in any P.E. and sports are also permitted.

If you have any questions, please don't hesitate to contact us.

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